



Michel Assouline

Para-Dressage/Dressage

2-Day Clinic

Coach Development Program
Athlete Training

December 2-3, 2017



Hosted by
Healing Strides of Virginia

672 Naff Rd., Boones Mill, VA 24065



Join us at Healing Strides of VA in Boones Mill, VA for 2-days of para-dressage and dressage education with renowned international trainer Michel Assouline. Healing Strides of VA is proud to be recognized as a USEF/USPEA Para-Equestrian Dressage Center of Excellence, a Paralympic Sport Club, and a Premier Accredited PATH Center.

Para-dressage athletes, dressage riders, and qualified disabled veterans are encouraged to attend!



Michel Assouline is an International Dressage/Para-Dressage Trainer with over a decade of Paralympic and FEI Dressage coaching experience. Riders will have 45-minute private/semi private mounted sessions each day along with lecture-based education. PATH Instructors and Dressage Coaches are encouraged to audit lessons and participate in coach development sessions. Each rider’s personal coach may participate in *collaborative coaching* in the arena, allowing for individualized feedback, while assessing the riders’ positional and gait challenges, adaptive equipment, and horse selection. Trained program horses are available may participate free of charge for para-dressage athletes.

Lunch-time lectures will be given by on Michel on “*Selection of Suitable Horses*”, “*A Coach’s Perspective on 2016 Rio Paralympics*”. Participants will receive a bound manual with information on the *Para-Dressage Classification Process, Adaptive Equipment & Compensation Aids, and Introduction to Para-Dressage Competition Rules*.

Summary Schedule

Saturday, Dec. 2

8:30am-9:00am Community area
9:00am-11:00am Class Room

Registration & Welcome

Coach Development Program (Riders Welcome): Presenters: Michel Assouline

Review of all manual materials:

USEF & FEI Para-Dressage Rules, Classification, Adaptive Equipment/Compensating Aids, USEF’s Para Dressage Program Structure & Pathways, Paralympic Military Program for Veterans.

11:00am-5:00pm Indoor Arena
12:30pm-1:30pm Community Area
1:30pm-2:45pm Class Room

45 Min *Private/semi private Lessons with Michel Assouline*
LUNCH LECTURE: *Selection of Suitable Horses, Michel Assouline*
Lisa Belderer, Physical Therapist, DPT, Stretching & Strengthening, Mounting/dismounting challenging Riders

2:45pm- 3:45 Class Room
3:45-4:00 BREAK

Lynne Johnson, LCSW, recognizing Trauma in our Riders, how to recognize what program your participant should be in. How to help. Reporting laws in VA, who must report

4:00 – 5:00 Class Room

Robin Mays, Behaviour Therapist, Working with the challenging Rider in a group and individual lesson

5:00-6:00 Community Area

Morgan Jamison, Advanced PATH Inst.: The path to becoming Advanced. How and why pursue this level of Certification.

6:30 pm DINNER on Farm **Catered Dinner** (all participants and guests welcome, RSVP required)
PATH Intl. State Meeting at 7:00p.m.

Sunday, Dec. 3

9:00 – 4:00	Indoor Arena	45 Min <i>Private/semi private Lessons</i> with Michel Assouline
12:30-1:30	Viewing area	LUNCH LECTURE: <i>A Coach's Perspective on 2016 Rio Olympics</i> , Michel Assouline
4:30	Viewing areas	Closing Comments; Evaluations

TUITION

Para-Dressage/Dressage Clinic - RIDER - \$250 for 2 Days/\$125 for 1 Day. (Lesson only option - no meals, lecture, auditing, or manuals - \$75)

Included in full tuition are all items listed below:

- *Private/semi private lessons each day with Michel Assouline*
- *Access to all lectures on all topics by experts in the field*
- *Bound manual for Coaches/Riders on all lectures and Para-Dressage Rules, Classification, Adaptive Equipment*
- *Each Athlete may bring one Coach, included.*
- *Use of borrowed horse or stabling; call for fees*
- *Lunch is included in camp fee on Saturday and Sunday*
- *Informal dinner gathering Saturday night is included*



Para-Dressage/Dressage Clinic AUDITORS: PATH Int'l Instructors/ COACHES without riders
- \$125 for 2 Days/\$75 for 1 Day

Observation of all lessons for educational purposes/Access to all lectures

- *Bound manual for Coaches on all lectures and Para-Dressage Rules, Classification, Adaptive Equipment*
- *Lunch is included in camp fee on Saturday and Sunday*
- *Informal dinner gathering Saturday night is included*

Participants' family member and/or support staff do not have to pay the additional audit fee but will be asked to pay for meals.



*Healing Strides of VA Para-dressage clinics are recommended by the United States Equestrian Federation and the United States Para-Equestrian Association for coach development. CEU's are available to all coaches who complete this program towards a **Para-Equestrian Coaching Certificate Program** (in development).*

Meals: A simple catered lunch will be provided on Saturday & Sunday. Saturday dinner will be provided with RSVP. Please indicate any food restrictions on the registration form.

Horses: Appropriate and trained program horses are available for para-equestrian athletes. Healing Strides of VA staff horse handlers are on-hand for assistance with borrowed horses. Stabling is also available for riders who choose to bring their own horses. Shipped-in horses must be up-to-date on vaccinations and with current Coggins

(1 year). Turn out is not available. *Borrowed horses and stabling expenses are provided free of charge for para-athletes, courtesy of Healing Strides of VA. Space is limited.*

Attire: You must wear an ASTM/SEI approved helmet with fastened harness at all times while mounted. Breeches, belt, half-chaps or tall boots are appropriate attire. Shirts should be neat and workmanlike. Bring warm layers. Healing Strides of VA reserves the right to inspect all helmets.

Overnight Accommodations: There are many hotel options in the Roanoke area. Call for suggestions if needed.

Registration Details



HEALING STRIDES OF VA – Healing Strides of VA (HSVA) is a non-profit 501 (c) 3 organization established in 1991. We are located on 22 acres with 2 pastures, 3 paddocks, an enclosed arena, a covered arena and an outdoor arena. We have a professional staff, certified instructors, trained volunteers, and a herd of 20+ horses. HSVA is the only Premier Accredited Center (PAC) with the Professional Association of Therapeutic Riding Int'l (PATH) in the Roanoke Valley. HSVA is also a US Pony Club Center- the 2nd in the US with integrated program. HSVA is a COE as designated by the US Para-Equestrian Federation. We are an Equine Assisted Activities and Therapy Program (EAAT) which includes Therapeutic Horsemanship, Equine Assisted Learning (EAL), Equine Assisted Psychotherapy EAP, Hippotherapy, and several other programs related to equine activities.

Farm Facilities: Healing Strides of VA is situated on 22 acres bordering Magadee Creek which is located 10 minutes south of Roanoke, VA. With an indoor, outdoor, and covered arena, a classroom and community area. Individuals and horses alike will find the space comfortable, peaceful and conducive to a productive learning experience. The facility is accessible with ADA-compliant restrooms, parking, viewing room/classroom, lift system, and mounting ramps.

Enrollment & Eligibility: Enrollment is open to both able-bodied and para-equestrian dressage athletes and coaches and PATH Int'l Instructors. Preference is given to riders enrolled in the full clinic versus on a per diem basis. (More info on para dressage classification and eligibility at www.uspea.org; www.usef.org.)



Michel Assouline, International Dressage/Para-Dressage Trainer, U.K. Coach Hall of Fame, U.K.

Sport's Elite Coaching Program Graduate: Michel is a graduate of the French National Equestrian School, home of the Cadre Noir in Saumur and gained a vast international experience in the USA, France, Germany and the United Kingdom as an international dressage rider and trainer. Michel was long-listed to represent France at the Seoul Olympics and won the French National Championships in 2000. He has also scored numerous successes at International and National level. Michel was voted in 1995 UK Dressage Trainer of the Year, and is a member of the International Dressage Trainers Club. He is also currently on the British Dressage panel of trainers eligible to judge Potential International Dressage Horse classes and officiated several times at the Championships for four, five and six-year-old horse.

In 2005 Michel became the British Para-Equestrian Dressage Team Coach and has led Team GBR to riders to win Team Gold medals at the 2005 European Championships, the 2007 World Championships, the 2008 Beijing Paralympic Games, the 2009 European Championships, the 2010 FEI World Equestrian Games, the 2011 FEI Europeans, the 2012 London Paralympic Games, the 2013 FEI Europeans, the 2014 FEI World Equestrian Games, the 2015 FEI Europeans and the 2016 Rio Paralympic Games! At the Rio Games his athletes came back with a total of four silver and seven gold medals, medaling in all their classes contested. In November 2012 Michel was awarded the UK Sports Coach Medal and inducted in the Coaching Hall of Fame at the UK Coaching Awards ceremony. Later that year at the London Olympia International he received the prestigious British Equestrian Federation Medal of Honor. At the 2016 UK Coaching awards Michel Assouline along with Carl Hester, Angela Weiss, Lisa Hopkins and Helen Burt were awarded the Mussabini Medal – a sports award recognizing Coaches of British sports people and teams, and were inducted in the UK Coaching Hall of Fame. Michel recently successfully completed the inaugural intake of U.K. Sport's Elite Coaching Program.

CEU'S For PATH Intl. Instructors:

Lisa Belderer, Physical Therapist, DPT - has a doctorate in physical therapy from Virginia Commonwealth University. She works as a pediatric physical therapist for Carilion Clinic Childrens Hospital. She began our hippotherapy program in 2008 and enjoys working with the children in this program. Lisa has been a PATH certified instructor since 2001. Lisa has been a Presenter at the PATH Int'l. Conference. She currently serves as the Secretary for our Board of Directors.

Lynne Johnson , LCSW, MAC, SAP, CSAC - Lynne has a BS in psychology and a Masters in Social Work with specialization in Mental Health and Substance abuse. She has been licensed in the counseling field since 1983. Her experience includes working in a variety of setting such as; hospitals, outpatient facilities, public schools and a Military Base. Lynne has achieved the highest national certification in the field of Addictions and as a direct result of her experience working with clients struggling with recovery Lynne enrolled in the Advanced Trauma Treatment Certification Program at the Institute for Advanced Psychotherapy Training and Education. After a year of study, she achieved the highest level of Trauma Treatment Certification. Lynne has been in private practice for over 7 years focusing her work with those addressing traumas, addictions, eating disorder, depression and anxiety. Lynne's background includes experience as clinical consultant for the television program Intervention and while in Northern Virginia was nominated as Best Therapist. She holds a level II Training in Brainspotting, and currently pursuing certification in TF-CBT and as an EAGALA mental health professional. In October of 2016, she became part of the Clinical Staff at Healing Strides of Virginia where she is now Co-Director of the Mental Health Program. Lynne believes in the power of Equine Assisted Psychotherapy and has decided to dedicate the majority of her time at HSVA.

Robin Mays, ABA Therapist, EAGALA Level II Advanced Trained - Robin lives in Boones Mill on a nine-acre farm with her husband, Tim and daughter, Maggie. Maggie, who was diagnosed with Down Syndrome, Autism and is Deaf/HOH, began riding at Healing Strides over eleven years ago. As the parent of a rider, Robin saw the benefit of therapeutic riding in her own child and began serving as a volunteer in the arena. Later, she was asked to join the board of directors, and now serves as the volunteer coordinator, an instructor in training and a level two EAGALA mental health specialist.

Robin has always had a passion for Education and learning. She works daily as a tutor, teacher, and advocate for people of all ages and abilities. Her experience with waivers and other resources have been a benefit to many families at Healing Strides and throughout our community.

Morgan Jamison, Advanced PATH Int'l Instructor, Equine Specialist. Morgan has owned horses since she was born. She grew up riding and working on the family farm. Morgan began teaching horseback riding at age 11. As a natural teacher she has taken her love of horses and her life experience to become a high level instructor. Morgan is also a Mentor for the Registered and Advanced level of PATH Int'l Certifications. She has a BS in Environmental Science from Hollins University.

Para-Dressage/Dressage Clinic – Michel Assouline Registration Form

December 2-3, 2017

(Please fill out one form per person)

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Home Phone: _____ Cell Phone: _____

Email: _____ D.O.B: _____

RIDERS ONLY: *I am not a Para Rider _____ (you are to still complete the info that does apply)

Para Classification Grade (if classified): _____ National or International? _____ Para-Profile Number _____

*Types of Para-Dressage/Dressage (or other) competitions pursued to date (e.g. Local, USEF Recognized, National, International): _____

Do you use a wheelchair or other assistive technology? If yes, please specify:

*Will you need a personal assistant/groom for riding? If yes, what specifically do you need assistance with?

Are you bringing a personal assistant with you?

Describe your mounting/dismounting process. Assistance needed. Header? Spotters? Block Mount/Ramp?

Any adaptive tack used? Can you bring with you? _____

*I ride with a trainer on a regular basis (e.g, once weekly ++) Current Trainer's Name: _____

*I ride my own horse/leased horse on a regular basis: How many times per week? _____

I take lessons on a regular basis and am actively competing in local/regional/national shows: _____

Horse Information (riders only: Call for fee)

I am bringing my own horse You must supply your own food, hay and water buckets. Bedding and daily stall cleaning is provided; morning and evening feeding can be done by barn staff for a fee. Stall must be stripped prior to departure. Please note: Daily turnout is not available. Must send in advance copies of current Coggins and vaccination records.

Horse's Name: _____ Breed: _____ Color: _____

Sex: _____ Age: _____ Height: _____ Horse's Owner: _____

Anticipated Truck-in/truck-out days and times: _____

I will need to borrow a horse (Free for para-athletes, all others call for fee) Please describe the horse you are presently riding, and include any specific information that will help us make the best match to suit your needs (height, breed, temperament):

COACHES ONLY

I am actively coaching a para-equestrian athlete _____ Grade: _____

I am interested in coaching para-equestrian athletes:* Yes _____ No _____

Name of Athlete: (Not required) _____

Types of Competitions pursued to date (e.g. Local, USEF Recognized, National, International): _____

*I am interested in pursuing Certification as a National/International Para-Equestrian Coach _____

My Current Level of Training and Qualifications are as follows (e.g. USDF Instructor, Medalist; Judge, PATH/CHA Certification, BHS, USHJA Instructor & Other Credentials): _____

SUPPORT PEOPLE: (for Para Athletes Only)

Please complete with the names of any support people who will be attending with you.

Personal Care Attendant: _____

Other Family member(s): _____

Tuition:

RIDER Full Tuition -includes both days \$250 _____

RIDER Per Diem Cost - Which day? _____ \$125 _____

RIDER Lesson only option - Which day? _____ Best time: _____ \$75 _____

(selection of a time does not mean you will get that time, but it will be taken into consideration)

COACH Full Tuition - includes both days \$125 _____

COACH Per Diem Cost- Which day? _____ \$75 _____

*Riders/coaches registered for full camp tuition do *not* need to pay additional per diem meals.

Additional meals (for guests only, see note above).

Lunches only per day \$10 _____

Dinner Guest \$12 _____

Please indicate any Special Dietary Requirements: _____

Total Fee: \$ _____

Registration Due Date: Postmarked or faxed by November 6, by 5pm. Deposit of \$125 is required to hold a spot. Send attention: Pearline Boyce, HSVA, P.O. Box 456, Boones Mill, VA 24065. Fax # 540-334-2941, Tel # 540-334-5825, healingstridesofva@gmail.com

Paying by Credit Card: Mastercard Visa Paying by Check: *Please make check payable to Healing Strides .*

Credit Card# _____ Authorized Amount:\$_____

Expiration Date: _____ V-Code_____

Signature: _____