

Lynne Johnson

LCSW, MAC, SAP, CSAC

Profession: Clinical Social Worker

Lynne has a BS in psychology and a Masters in Social Work with specialization in Mental Health and Substance abuse. She has been licensed in the counseling field since 1983. Her experience includes working in a variety of setting such as; hospitals, outpatient facilities, public schools and a Military Base.

Lynne has achieved the highest national certification in the field of Addictions and as a direct result of her experience working with clients struggling with recovery Lynne enrolled in the Advanced Trauma Treatment Certification Program at the Institute for Advanced Psychotherapy Training and Education. After a year of study, she achieved the highest level of Trauma Treatment Certification. Lynne has been in private practice for over 7 years focusing her work with those addressing traumas, addictions, eating disorder, depression and anxiety.

Lynne's background includes experience as clinical consultant for the television program *Intervention* and while in Northern Virginia was nominated as Best Therapist. She holds a level II Training in Brainspotting, and currently pursuing certification in TF-CBT and as an EAGALA mental health professional.

Lynne and her husband Kirk moved to the Roanoke area in 2016 to be closer to family and she opened her private practice in two locations. In October of 2016, she became part of the Clinical Staff at Healing Strides of Virginia where she is now Co-Director of the Mental Health Program. Lynne believes in the power of Equine Assisted Psychotherapy and has decided to dedicate the majority of her time at HSVA.

Personal Interests:

Lynne has a variety of interests which include; watersports, golf, tennis, skiing, weight lifting and a return to her new-found love of horses. She and Kirk have four daughters whom have all moved on to school and jobs out of the Commonwealth of Virginia. Both Lynne and Kirk love spending time with family and cherish their time with their daughters.